

# Australia New Zealand On A Shoestring Lonely Planet

Eventually, you will categorically discover a new experience and execution by spending more cash. yet when? pull off you believe that you require to get those all needs later than having significantly cash? Why dont you attempt to get something basic in the beginning? Thats something that will lead you to understand even more in relation to the globe, experience, some places, behind history, amusement, and a lot more?

It is your agreed own get older to show reviewing habit. accompanied by guides you could enjoy now is **australia new zealand on a shoestring lonely planet** below.

Notes from a Small Planet - Brian V. Peck 2008-08-27

"About an hour out of Phnom Penh we are transferred onto a mini-bus which takes some time to arrive, but eventually comes. Then driven at breakneck speed on a very dusty road that gets dust all over everything, coming into the city is a bit of a shock as there is no doubt about it that the outer areas do resemble the Third world, but the inner city is clean and modern. We are taken to the King's Hotel where we could choose to stay or go - as I was tired I decided to stay, but without hot water in my cheap room - well what can you expect for 5 dollars. I shared dinner with Isabel and Jeroen - who I took a real shine too. And in the morning I have breakfast with Sarah from Sweden who I had first met in Chau Doc and came on our boat when partly through the trip. Sarah was one of these very assured intelligent young women who had done a lot of travelling - as breakfast progressed I kept thinking that her body language was saying categorically too me (was old enough to be her father) or probably any man who may have tried it on with her - that if you mess with me boy I will chew both of your testicles off with one bite. Apparently she was some sort of chemist who new a lot about food and what it does to us, when we eat it. I said very little while eating my breakfast and kept my legs very tightly together".

Lonely Planet New Zealand - Lonely Planet 2018-09-01

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's New Zealand is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Glide through turquoise waters past pods of orcas in Bay of Islands; try black-water rafting in astonishing Waitomo Caves; watch the ground breathe steam in volcanic Rotorua; and hit the slopes in Queenstown and Wanaka - all with your trusted travel companion. Get to the heart of New Zealand and begin your journey now! Inside Lonely Planet's New Zealand: Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, people, music, landscapes, wildlife, cuisine, politics Covers Auckland, Bay of Islands & Northland, Waikato & the Coromandel Peninsula, Taupo & the Central Plateau, Rotorua & the Bay of Plenty, the East Coast, Wellington & Around, Marlborough & Nelson, the West Coast, Christchurch & Canterbury, Dunedin & Otago, Queenstown & Wanaka, Fiordland & Southland eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's New Zealand is our most comprehensive guide to the country, and is designed to immerse you in the culture and help you discover the best sights and get off the beaten track. Looking for more extensive coverage? Check out Lonely Planet's New Zealand's North Island or New Zealand's South Island for a comprehensive look at all the country has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's

hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

**Lonely Planet Southeast Asia on a shoestring** - Lonely Planet 2018-10-01

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's Southeast Asia on a Shoestring is your passport to having big experiences on a small budget, offering the most relevant, up-to-date advice on what to see and skip, what hidden discoveries await you and how to optimise your budget for an extended continental trip. Watch the sun rise over Cambodia's temples of Angkor; hang out, hit the beach and learn to cook in Vietnam's cosmopolitan, buzzing Hoi An; and kayak around the turquoise waters of Laos' Si Phan Don. All with your trusted travel companion. Inside Lonely Planet's Southeast Asia on a Shoestring: Budget-oriented recommendations with honest reviews - eating, sleeping, sightseeing, going out, hidden gems that most guidebooks miss Extensive planning tools and budget calculators Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Cultural insights provide a richer, more rewarding travel experience - covering history, art, literature, cinema, landscapes Colour maps and images throughout Covers Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Thailand, Timor-Leste, Singapore, Vietnam Useful features: First Time Southeast Asia, Big Adventures Small Budget, Off the Beaten Track, Border Crossing, Splurge, and Responsible Travel eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's Southeast Asia on a shoestring is perfect for budget- and value-conscious travellers taking a big trip, and is packed with amazing sights and experiences, savvy tips and recommendations. After only a few of the destinations in this guide? Check out the relevant Lonely Planet destination guides. These are our most comprehensive titles, designed to immerse you in the culture and help you discover the best sights and get off the beaten track. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

**Lonely Planet Best of Australia** - Lonely Planet 2019-11-01

Lonely Planet's Best of Australia is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore magnificent Sydney Harbour, see the Great Barrier Reef and watch the sunset at Uluru - all with your trusted travel companion.

*Lonely Planet's Best in Travel 2020* - Lonely Planet 2019-10-22

This annual bestseller ranks the hottest countries, regions and cities for 2020, and reveals how well-planned, sustainable travel can be a force for good. Drawing on the knowledge and passion of Lonely Planet's staff, authors and online community, we present a year's worth of inspiration to take you out of the ordinary and into the unforgettable.

*South-East Asia on a Shoestring* - Tony Wheeler 1985

*Lonely Planet Hiking & Tramping in New Zealand* - Lonely Planet 2018-12-01

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's Hiking & Tramping in New Zealand is your passport to the most relevant and up-to-date advice on what to see and skip, and what hidden discoveries await you. Spot seals and laze on golden sands along the Abel Tasman Coast Track; explore The Lord of the Rings scenery on Tongariro Northern Circuit; and tramp through ancient rainforest and along gnarly ridges on the Lake Waikaremoana Great Walk. All with your trusted travel companion. Get to the heart of New Zealand's trails and begin your journey now! Inside Lonely Planet's Hiking & Tramping in New Zealand: Colour maps and images throughout Great hiking and itineraries sections show you how to tailor your trip around the best trails Special features on clothing & equipment, hiking safety and other non-hiking outdoor activities Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Budget-oriented recommendations with honest reviews - including eating and sleeping reviews of towns and hiking destinations Cultural insights provide a richer and more rewarding travel experience - covering history, landscapes, geology and wildlife Covers Northland, Auckland, Coromandel, Tongariro, Urewera, Central North Island, Taranaki, Whanganui, Around Wellington, Queen Charlotte, Marlborough, Abel Tasman, Kahurangi, Nelson Lakes, Canterbury, Arthur's Pass, Aoraki/Mt Cook, West Coast, Mt Aspiring National Park, Around Queenstown, Fiordland, Stewart Island/Rakiura. eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's Hiking & Tramping in New Zealand is our most comprehensive guide to hiking in New Zealand, and is perfect for those planning to explore the country on foot. Looking for more information on New Zealand? Check out Lonely Planet's New Zealand guide for a comprehensive look at what the country has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

*Waterstone's Guide to Books* - Waterstone & Co 1988

**India** - 1984

*Eastern Europe on a Shoestring* - David Stanley 1991

Covers: Albania, Belarus, Bosnia and Hercegovina, Bulgaria, Croatia, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Macedonia, Moldova, Poland, Romania, Russia (Moscow, St Petersburg, Kaliningrad) Serbia & Montenegro, Slovakia, Slovenia and Ukraine.

*Lonely Planet New Zealand's South Island* - Lonely Planet 2018-09-01

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's New Zealand's South Island is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Kayak and swim the crystal-clear waters of glorious Abel Tasman National Park; cruise through a world-renowned collage of waterfalls, verdant cliffs and peaks, and dark cobalt waters in

Milford Sound; and hike on the Fox Glacier to see crazy valleys and spectacular ice flows. All with your trusted travel companion. Get to the heart of New Zealand's South Island and begin your journey now! Inside Lonely Planet's New Zealand's South Island: Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, people, music, landscapes, wildlife, cuisine, politics Covers Marlborough & Nelson, The West Coast, Christchurch & Canterbury, Dunedin & Otago, Queenstown & Wanaka, Fiordland & Southland eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's New Zealand's South Island is our most comprehensive guide to the South Island, and is perfect for discovering both popular and offbeat experiences. Looking for wider coverage? Check out Lonely Planet's New Zealand for a comprehensive look at all the country has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

*Southeast Asia on a Shoestring* - China Williams 2006

Hit the Southeast Asia hippy trail in a rickety bus packed with chickens. You'll find your nirvana at a Buddhist temple, on a perfect beach or in a bowl of noodle soup. Written for backpackers by backpackers, this guide to 11 countries lets you go further, stay longer and pay less for an adventure of a lifetime. This original and longest-running travel guide to Southeast Asia covers Myanmar, East Timor, Brunei, Cambodia, Indonesia, Laos, Malaysia, the Philippines, Singapore, Thailand and Vietnam. There are suggested itineraries by expert authors with over 20 years combined travel experience in Southeast Asia. A "Getting Started" chapter provides insider tips on getting the most out of travel in this popular travel destination-including how to eat, sleep and travel without blowing the budget. Included are dedicated sections on studying, working and volunteering, as well as responsible travel.

*Jordan & Syria* - 1987

*Lonely Planet's Wonders of the World* - Lonely Planet 2019-10-01

From Antarctica and the Amazon to Victoria Falls and the Great Wall of China, Lonely Planet reveals 101 spectacular sights and how to see them on any budget. Inspiring and practical, with expert advice on how and when to visit, where to stay and a range of itineraries, you'll discover how to visit the world's wonders in a way that suits you.

*Turkey* - Tom Brosnahan 1985

Fully revised and updated with dedicated trekking chapter by local trekking specialist, this is a comprehensive and informative guide on the history and environment of Turkey.

*Directories in Print* - 2011

**Backpacker Tourism and Economic Development** - Mark P. Hampton 2013-07-18

There has been a phenomenal growth of backpacker tourism from the overland routes to India in the 1960s, to present-day backpacker tourism across the less developed world. As a result there has been significant economic development impacts of backpacker tourism upon local communities especially in areas with the largest concentrations of backpackers (South and South-East Asia particularly Thailand, Indonesia,

Malaysia and India), as well as increasingly in Latin America. This volume provides a focused review of the economic development impacts of backpacker tourism in developing regions furthering knowledge on how backpacker tourism can play a crucial role in development strategies in these areas. First, it reviews the origins of the backpackers with a detailed examination of their "hippy" predecessors on the overland trail, before discussing the emergence of modern backpackers including social and cultural aspects, and how new technologies are changing their experience. It then analyses the powerful economic development impacts of backpackers on local host communities in cities and rural areas with a special focus on coastal destinations. Extensive case study material is used from backpacker destinations across Asia, Latin America and Africa. In doing so the book provides original insights into how backpacker tourism is highly significant for poverty alleviation and effective local development since it has strong linkages to the local economy, and less economic leakage than conventional tourism. Written by a leading academic in this area, this volume will be of interest to students of Tourism and Development Studies.

Chile & Easter Island - Alan Samagalski 1987

**Lonely Planet Best of India** - Lonely Planet 2019-11-01

Lonely Planet's Best of India is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Marvel at the intricate floral designs on the Taj Mahal, float along Kerala's backwaters as the sun sinks behind whispering palms, and dive into the teeming bazaars, mighty fortresses and fine dining of Jaipur - all with your trusted travel companion.

*Peru, a Travel Survival* - 1987

*Australian National Bibliography*: - 1988  
National Library of Australia

Lonely Planet Europe on a shoestring - Lonely Planet 2018-10-01

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's Europe on a Shoestring is your passport to having big experiences on a small budget, offering the most relevant, up-to-date advice on what to see and skip, what hidden discoveries await you, and how to optimise your budget for an extended continental trip. Hit the streets and free museums of one of the world's greatest capital cities, London; soak up history and art by day and party by night in Berlin; pick your Greek island for fresh food and golden beaches. All with your trusted travel companion. Inside Lonely Planet's Europe on a Shoestring: Budget-oriented recommendations with honest reviews - eating, sleeping, sightseeing, going out, hidden gems that most guidebooks miss Extensive planning tools and budget calculators Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Cultural insights provide a richer, more rewarding travel experience - covering history, art, literature, cinema, landscapes Colour maps and images throughout Covers Great Britain, Ireland, France, Germany, Switzerland, Spain, Portugal, Italy, Greece, Turkey, Scandinavia, Russia, the Baltic Coast, Czech Republic, Eastern Europe, the Balkans, Belgium, Austria, and more Useful features: First Time Europe; Big Adventures, Small Budgets; Off the Beaten Track; Border Crossing; Splurge; and Responsible Travel eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's Europe on a shoestring is perfect for budget- and value-conscious travellers taking a big trip, and is packed with amazing sights and experiences, savvy tips and recommendations. Looking for suggestions from a wider range of prices for a shorter, multi-country trip? Check out Lonely Planet's Europe for a comprehensive look at all the continent has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and

lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

**Where to Stash Your Cash ... Legally, Second Edition** - Robert E. Bauman 2007-10

Australian National Bibliography - 1995

South Africa, Lesotho & Swaziland - Jon Murray 1998

With coverage ranging from the surf scene to historic vineyards to trekking the Drakensberg, this is the definitive guide to South Africa. The book contains a 32-page full-color safari guide, extensive coverage of national parks, and hundreds of recommendations on where to stay and eat. Also featured are Afrikaans and tribal language sections and 95 thoroughly updated maps.

Africa on a Shoestring - Geoff Crowther 1986

*Lonely Planet Yucatán* 2003

New Zealand - Tony Wheeler 1985

**Australia & New Zealand on a Shoestring** - Paul Smitz 2005

The only guidebook series exclusively for backpackers, by backpackers, Lonely Planet Shoestring guides are more budget focussed than ever before, in particular for those planning big trips on small budgets. New helpful tips for big-trip novices and inspiring planning tools are available. The guide also includes information on working abroad and responsible travel. "The difference is in the details." -Los Angeles Times "Remarkably comprehensive." -New York Times

*West Asia on a Shoestring* - Tony Wheeler 1986

Who's who of Australian Writers - John Nieuwenhuizen 1995

*Lonely Planet South America on a shoestring* - Lonely Planet 2016-09-01

Lonely Planet South America on a Shoestring is your passport to the most relevant, up-to-date advice on what to skip, and how to optimize your budget for an extended continental trip. Drift between river towns in the Amazon, shake it in Rio de Janeiro or hustle for traditional crafts in Ecuador all with your trusted travel companion.

Lonely Planet Central America on a shoestring - Lonely Planet 2016-09-01

Lonely Planet Central America on a shoestring is your passport to the most relevant, up-to-date advice on what to see and skip, what hidden discoveries await you, and how to optimise your budget for an extended continental trip. Get to the heart of Central America and begin your journey now!

**China** - Damian Harper 2007

One of the most requested titles in our critically acclaimed Traveler series, this beautiful guide makes the vast enigma of China accessible to every visitor. Continuing the series' winning formula, this new edition combines in-depth, up-to-date descriptions with dazzling photographs, detailed maps, cutaway illustrations of renowned structures, and a wealth of useful travel tips. Organized by cities and areas, the book covers the best sites and attractions throughout the country. Highlights include the capital of Beijing; dynamic Shanghai; the fertile Yangtze region; Guilin and its fabled limestone pillars; the life-size army of terracotta warriors in Xi'an; Tibet; the Silk Road; Inner Mongolia; Hong Kong; and Macau?all prefaced by an elaborate introduction to the rich Chinese history and culture. Wide-ranging sidebars discuss Chinese deities, the Taiping Rebellion, Tibetan Buddhism, and other interesting topics, while guided tours include a bike ride from Tiananmen Square and a cruise along the Yangtze River. An extensive travel planner details practicalities such as where to find the most gracious hotels and the best Peking duck and dim sum. Veteran travel writer Damian Harper, who has a degree in modern and classical Chinese and an intense interest in Chinese philosophy and poetry, brings authoritative guidance and a strong individual voice to this refreshing new look at a timeless land as it prepares to host the 2008 Summer Olympics and the 2010 World Expo.

**Taiwan** - 1987

*Lonely Planet Central America* - Lonely Planet 2019-07-01

Lonely Planet Central America is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Get to the heart of Central America and begin your journey now!

*South Pacific Handbook* - Bill Dalton 1979

Provides historical and travel information for visitors to Polynesia, Cook Islands, Samoa, Tonga Islands, Fiji Islands, New Caledonia, New Hebrides, Solomon Islands, New Guinea, and Micronesia

**Burma** - Tony Wheeler 1988

**Lonely Planet Eastern Europe** - Steve Fallon 2001

Including travel information designed for all budgets, this guide also features useful words and phrases in different languages, information on visa and border crossings, and details of how to change one currency to another.

**Canada, a Travel Survival Kit** - Mark Lightbody 1986

Fifth edition of a guide first published in 1983. Comprehensive guide providing details on transport, accommodation, sights and highlights of each province, with particular emphasis on the natural environment. Also features 97 maps, hints on eco-tourism, Canadian English and Canadian French language sections, a glossary and an index.