

Gran Canaria Walking

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Walking on the Isle of Wight - Paul Curtis 2017-05-31

A guidebook to 32 walking routes on the beautiful Isle of Wight, including the 70 mile Coastal Path - a complete circuit of the island's spectacular coast. Ranging from 4 to 18 miles long, the walks explore clifftops, beaches, forest trails and downland, and visit picturesque villages and the towns of Yarmouth, Cowes and Ventnor. Graded easy to moderate, they are suitable for all abilities and are accessible all year round. The guide contains clear step-by-step route descriptions for each walk, accompanied by an extract from 1:50,000 OS mapping. There is information about refreshment and accommodation options along the route and plenty of details about the island's history and the interesting places encountered. Options for accessing the start and finish using the island excellent public transport are also given for each walk. With an incredible 326 miles of footpaths in a compact area, there is a huge choice of where to walk, which means that walkers can experience all the diversity the island has to offer - jaw-dropping views such as those from the magnificent coastline of West Wight, St Catherine's Point and the Needles, sweeping downland, as well as 2000 or so listed buildings.

Walking in the Aosta Valley - Andy Hodges 2022-05-15

A stunning, autonomous region in the Italian Alps, the Aosta valley is a walker's paradise. This guidebook describes 32 varied and scenic routes both within the main valley and those to the north (including the Lys valley, Valpelline, Valtournenche and Grand St Bernard). The routes vary in difficulty and distance, offering something for walkers of all ability. 1:50K mapping together with gradient profiles complement clear and concise route descriptions. Also included is invaluable practical information - everything from travel options and insurance to useful phrases and a handy kit list. Information on via ferratas and trail running is also included for those interested in discovering additional activities available in the area. A region of immense beauty, the Aosta valley is a must-visit destination. This selection of walks take in ethereal glaciers, majestic mountain tops and enchanting valley forests. Long or short, easy or challenging, the routes abound in history, and soak up the rich and varied culture of the region.

Walking on Gran Canaria - PADDY. DILLON 1920-01-15

Walking the Lake District Fells - ~~Borrowdale~~ Mark Richards 2021-02-15

This guide describes ascents of 28 Lake District fells that can be climbed from Borrowdale and the Newlands and Thirlmere valleys, including Catbells, a perennial favourite, and the mighty Scafell Pike, Great End and Great Gable. Easily accessed from Keswick, Borrowdale is a valley of exquisite natural beauty, with the lower wooded and heather-clad slopes giving way to sweeping moors and craggy heights. With such great variety within so small a vicinity, the fellwalker is spoilt for choice. Unlike other guidebooks which describe a single or limited number of routes to a particular destination, the aim of the Walking the Lake District Fells series is to offer all the options. These are presented as numbered sections which can be combined to create infinite possibilities - from simple ascents to longer ridge routes. You'll find the classics and popular routes alongside less traditional alternatives perfect for the wandering spirit. The series gives you both the freedom to devise your own routes and the information to make informed decisions, thanks to the clear descriptions of the routes, terrain, hazards, interesting features and safe descent paths should the weather close in. Also included are a handful of classic ridge routes for longer fell days. Mark Richards' inimitable text is complemented by HARVEY mapping and the author's own beautiful sketch topos and panoramas. Perfect for keen hillwalkers and peak-baggers alike and ideal both for pre-planning and use on the hill, Walking the Lake District Fells is the new incarnation of the Fellranger series, which sees the volumes updated and trimmed to a more practical size. These true connoisseurs' guides are sure to inspire you to get out and explore the beautiful fells of Lakeland. For those collecting fell summits, a 'Fellrangers' hill list register can be found on

the Long Distance Walkers Association website.

Walking the Munros Vol 1 - Southern, Central and Western Highlands - Steve Kew 2021-06-15

Half of a two-volume set describing challenging and inspiring routes to climb Scotland's 282 3000ft+ mountains, this guide covers the southern, central and western Highlands (south of the Great Glen), taking in stunning areas such as Glen Coe, Glen Shee, Lochaber and Mull. 69 demanding and inspiring routes are described, covering 139 Munro mountains. Including both popular and lesser-known routes, the guide is ideal both for Munro-baggers and those who simply love great mountain walking. This volume includes the iconic Ben Nevis, Buachaille Etive Mor and Aonach Eagach ridge as well as the Mamores, Grey Corries and Arrochar Alps. Volume 2 details the other 143 Munros, covering the northern Highlands, Cairngorms and Isle of Skye. The half-day and full-day walks and scrambles range from 7km to 48km (with the option to reduce walking distance on some of the longer routes by cycling the approach). Detailed route description and 1:100K mapping is accompanied by information on difficulty, mapping, parking, access and nearby accommodation. The guide also includes handy lists of the Munros, by height and alphabetically - perfect for peak-baggers - as well as useful details on Gaelic names.

Walking in Ticino - Andrew Beattie 2023-01-15

Guide to 38 graded day walks in Ticino, Switzerland, covering Lugano, Locarno (Lake Maggiore), Bellinzona and Biasca, and Airolo and the St Gotthard Pass. Routes for all abilities, ranging from 4km to 19km, highlight the best the Ticino countryside has to offer, from villages and lush valleys, to stunning mountains and gushing waterfalls.

Walking in Essex Peter Aylmer 2019-04-15

This guidebook describes 25 coastal and inland day walks covering the whole of the county of Essex, stretching from the Lea Valley in the west and the Thames in the south over to the North Sea and up to the River Stour in the north. Walks range from 4 to 18 miles and are mostly circular. Also included is a description of the Essex Way which crosses the county in 11 stages from Manor Park, on the fringes of London, to the port of Harwich - a distance of 96 miles. The walks are suitable for all abilities and there are shorter alternatives for many of the longer routes. With a huge variety of scenery and walking landscapes, Essex surprises and delights in equal measure. It boasts a 350-mile coastline (which, away from the busy seaside resorts, is barely known), numerous estuaries and river valleys, great and ancient forests, and more green lanes than any other English county except Dorset. Each walk is described step-by-step, illustrated with OS map extracts and packed with historical, and geological information about the landscape the route passes through.

Walking and Trekking in Zagori Aris Leontaritis 2019-01-15

Zagori in Greece's Northern Pindos National Park is among the last relatively undiscovered and unspoilt hiking destinations in Europe. This guide presents a selection of thirty walks and three short treks within the region's captivating scenery, from dramatic gorges to mystical forests, crystal-clear turquoise rivers, rugged alpine peaks and characterful mountain villages. Routes vary from easy walks on clear paths to strenuous ascents and mountain traverses, meaning that there is something to suit most ambitions and abilities. Clear mapping accompanies the route description, and the introduction to the guide covers all the practicalities, including getting to Zagori, accommodation, equipment, maps and safety. There is also a wealth of information about the region's rich history, architecture, geology, plants and wildlife, as well as fascinating notes on points of interest encountered on route. The routes are presented in five chapters, covering Central Zagori, Vikos Gorge and vicinity, Mt Timfi, Konitsa and Mt Smolikas, and Valia Calda National Park and Metsovo, with highlights including Mt Timfi and Mt Smolikas (Greece's second highest mountain), the breathtaking Vikos Gorge, traditional stone arch bridges and the alpine tarns of Drakolimni

(Dragonlakes). With so much stunning scenery, this is a region that cries out to be explored.

GRAN CANARIA - NOEL. ROCHFORD 2020

Walking the Lake District Fells - Coniston - Mark Richards 2021-02-15

This guide describes ascents of 24 Lake District fells that can be climbed from Coniston and the Duddon and Eskdale valleys, including Coniston Old Man, Swirl How, Wetherlam and Dow Crag. The Coniston Fells - much loved for their classic ridges and wide-reaching views - need little introduction; however, to the west the less-frequented summits of the Birker and Corney Fell massifs offer more great mountain and maritime vistas, as well as solitude. Unlike other guidebooks which describe a single or limited number of routes to a particular destination, the aim of the Walking the Lake District Fells series is to offer all the options. These are presented as numbered sections which can be combined to create infinite possibilities - from simple ascents to longer ridge routes. You'll find the classics and popular routes alongside less traditional alternatives perfect for the wandering spirit. The series gives you both the freedom to devise your own routes and the information to make informed decisions, thanks to the clear descriptions of the routes, terrain, hazards, interesting features and safe descent paths should the weather close in. Also included are a handful of classic ridge routes for longer fell days. Mark Richards' inimitable text is complemented by HARVEY mapping and the author's own beautiful sketch topos and panoramas. Perfect for keen hillwalkers and peak-baggers alike and ideal both for pre-planning and use on the hill, Walking the Lake District Fells is the new incarnation of the Fellranger series, which sees the volumes updated and trimmed to a more practical size. These true connoisseurs' guides are sure to inspire you to get out and explore the beautiful fells of Lakeland. For those collecting fell summits, a 'Fellrangers' hill list register can be found on the Long Distance Walkers Association website.

Walking the Lake District Fells - Mardale and the Far East - Mark Richards 2020-03-15

This guide describes ascents of 36 Lake District fells that can be climbed from the valleys of Mardale (Haweswater), Kentmere and Longsleddale and from the east side of Ullswater. With few settlements, the area feels wild and remote, and the easternmost fells in particular see few visitors, offering a perfect getaway for walkers seeking solitude. Slightly further west lie some fantastic ridge-lines, including the much-loved Kentmere Horseshoe and High Street Roman road. Unlike other guidebooks which describe a single or limited number of routes to a particular destination, the aim of the Walking the Lake District Fells series is to offer all the options. These are presented as numbered sections which can be combined to create infinite possibilities - from simple ascents to longer ridge routes. You'll find the classics and popular routes alongside less traditional alternatives perfect for the wandering spirit. The series gives you both the freedom to devise your own routes and the information to make informed decisions, thanks to the clear descriptions of the routes, terrain, hazards, interesting features and safe descent paths should the weather close in. Also included are a handful of classic ridge routes for longer fell days. Mark Richards' inimitable text is complemented by HARVEY mapping and the author's own beautiful sketch topos and panoramas. Perfect for keen hillwalkers and peak-baggers alike and ideal both for pre-planning and use on the hill, Walking the Lake District Fells is the new incarnation of the Fellranger series, which sees the volumes updated and trimmed to a more practical size. These true connoisseurs' guides are sure to inspire you to get out and explore the beautiful fells of Lakeland. For those collecting fell summits, a 'Fellrangers' hill list register can be found on the Long Distance Walkers Association website.

Landscapes of Gran Canaria - Noel Rochford 2004-03

This guide to Malta, Gozo and Comina includes: topographical walking maps; fold-out touring maps; many short walks and picnic suggestions - suitable for hot summer days and for those with young children; and an update service with specific route-change information.

Walking The Cumbria Way - John Gillham 2022-06-15

A guidebook to the Cumbria Way, a 73-mile long distance path through the heart of the English Lake District from Ulverston to Carlisle. The route is largely low-level, but this book also describes alternative mountain days which add the Coniston Fells, Glaramara and Skiddaw en route. The guide divides the route into 5 stages of between 12 and 16 miles, but there is plenty of opportunity to plan your itinerary for a more easy-going 7 to 8 days. This guidebook also provides useful information for every stage, from accommodation to available facilities en route, as well as an annotated OS map and details on points of interest.

DK Eyewitness Top 10 Gran Canaria - DK Eyewitness 2017-07-18

True to its name, this Gran Canaria travel guide covers all the island's major sights and attractions in easy-to-use top 10 lists that help you plan the vacation that's right for you. This travel guide for Gran Canaria will lead you straight to the best attractions this location has to offer, from hiking to national parks to museums. Expert travel writers have fully revised this edition of DK Eyewitness Travel Guide: Top 10 Gran Canaria. + Brand-new itineraries help you plan your trip to Gran Canaria. + Maps of walking routes show you the best ways to maximize your time. + New Top 10 lists feature off-the-beaten-track ideas, along with standbys like the top attractions, shopping, dining options, and more. + New typography and fresh layout throughout. You'll still find DK's famous full-color photography and museum floor plans, along with just the right amount of coverage of history and culture.

34 Alpujarras Walks - Charles Davis 2003-03

Walking the Wales Coast Path - Paddy Dillon 2022-04-15

The Wales Coast Path offers an unparalleled opportunity to walk a nation's coastline in its entirety. Stretching 1400km (870 miles) from Chester to Chepstow, including Anglesey, the waymarked trail takes 2-3 months to complete but can easily be broken into shorter sections. The walking is generally not difficult, although there are occasional rugged sections, steep ascents and descents and more remote stretches with fewer facilities. Promising fantastic scenery and a unique insight into local history and culture, what better way to experience the diversity and beauty of Wales' captivating coastline? The route is presented in 57 stages, ranging from 16 to 32km, each featuring clear route description illustrated with 1:100,000 mapping, overview statistics and notes on the availability of accommodation, facilities and public transport links. You'll find plenty of helpful advice for planning your walk, plus background information on Welsh history, geology, plants, wildlife and local points of interest. A facilities table, Welsh glossary and useful contacts can be found in the appendices. Passing through the Snowdonia and Pembrokeshire Coast National Parks, as well as numerous AONBs and sections of Heritage Coast, the Wales Coast Path takes in seaside resorts, attractive fishing villages, sandy beaches, rocky coves and striking cliff coastline. Highlights include the picturesque Llyn and Gower peninsulas, 13th-century 'Iron Ring' castles and frequent opportunities for wildlife spotting. The route can be linked with Offa's Dyke Path National Trail (covered in a separate Cicerone guide) to complete a full circuit of Wales.

Trekking in the Canary Islands - Paddy Dillon 2020-01-15

This guidebook provides a comprehensive and detailed description of the GR131, an island-hopping trail across the seven Canary Islands. The 560km (348 mile) route begins on Lanzarote and finishes on El Hierro and is presented in 32 daily stages. The route is well waymarked but some navigational skills are required, and the remote and occasional rocky sections need to be treated with care. Also included is an optional ascent of El Teide, the highest peak on Spanish territory at 3718m. The guide is split into seven parts, one for each island. Overview statistics, detailed navigational description and 1:50,000 mapping is provided for each stage and the guide also includes key information about transport to and between the Canary Islands and availability of accommodation and services. There is background information on the geology, history, plants and wildlife and notes on local points of interest. An appendix contains a helpful glossary. As a geologically young area, the Canaries boast rare wildlife across their dramatic volcanic terrain. The islands contain a number of national parks, and the landscape varies from semi-desert to forests and barren mountainsides. This month-long route is a great opportunity for walkers to fully immerse themselves in the diverse culture and scenery of the Canary Islands.

Walking on Gran Canaria - Paddy Dillon 2020-01-15

The guidebook describes 45 day walks across eight areas of Gran Canaria, including Las Palmas in the north to Playa del Ingles in the south. Also included is a five-day coast-to-coast route on the GR131, an island-hopping long-distance trail stretching across all seven of the Canary Islands. There are walks suitable for those of all abilities, ranging in landscape from coastal clifftops to the dramatic volcanic mountains inland. Walks venture through villages and towns, and up to the summits of the highest peaks on Gran Canaria. Each walk gives information on access (predominantly using the island's good bus services), details of places offering food and drink, and notes on the interesting features passed along the way. The book also provides lots of background information on geology, wildlife, plants and flowers as well as practical information on accommodation, currency and language. Gran Canaria is a hugely popular holiday destination but despite this it offers many

peaceful locations for walkers to explore and some truly beautiful and striking scenery. This collection of walks showcases the island's remarkably varied landscapes - from arid semi-desert to moist laurisilva 'cloud forests' and rugged mountains and coast.

Walking in the Drakensberg - Jeff Williams 2017-04-30

A guidebook to the Maloti-Drakensberg Park World Heritage Site. The book describes 75 day walks of between 1km and 26km long, in Royal Natal National Park, Cathedral Peak, Monk's Cowl, Injisuthi, Giant's Castle, Highmoor, Kamberg, Lotheni, the Himeville and Underberg districts, plus Bushman's Nek. Graded from easy to strenuous, the walks take in the spectacular natural beauty of the area. Written by a qualified Safari Guide, this book covers 11 areas of the Maloti-Drakensberg Park. It combines clear route descriptions and maps with inspirational photographs, alongside lots of information about local wildlife and the facilities available in each area covered. This range of huge peaks, towering basalt cliffs, massive sandstone outcrops and deep gorges forms the core of an area of unlimited potential for walkers, until recently little known outside South Africa. The area has a unique geological structure and a fascinating history as well as a large variety of antelope and other mammals and a regular bird list of over 200 species.

Gran Canaria - Izabella Gawin 2021-12-02

Gran Canary not only enjoys a fabulous reputation as a paradise of sunshine and beaches; it can also be described as one of the most versatile hiking islands of the Canary Archipelago. Connoisseurs praise it as a miniature continent because of its diversity of landscapes: shimmering dunes in contrast with luscious subtropical valleys, deep ravines with palm tree oases and glittering reservoirs, next to which are extensive pine tree forests and green slopes with grazing sheep and goats. To the North West cliffs drop down 800 m deep into the ocean, while in the centre of the island serrated, almost 2000 metre high ridges and bizarre rock monoliths emerge, which the Spanish writer Miguel de Unamuno once interpreted as "fossilised storms of fire and lava". This Rother walking guide - following La Palma and Tenerife - is now the third featuring the Canary Islands: excursions to beaches and spectacular cave villages, walks through pine forests and atmospheric ridge paths. Due to the increased significance of hiking tourism, parts of what at times are more than 500 year old rocks have been carefully restored over the last years. These Caminos Reales (royal paths) stretch across the entire island and used to link remote mountain villages with coastal territory. Many proposed tours follow these mainly stone-paved hiking paths and are therefore also ideal for less experienced hikers. Experienced mountain hikers who are not afraid of "dramatic walks" will also find a rich offer of tours. The first comprehensive hiking guide on Gran Canary leaves nothing to desire! Coloured illustrations and excellent hiking maps at an ideal scale of 1:50,000/1:75,000 round off the picture and awaken the curiosity for ever new excursions into the charmingly bizarre world of the mountains.

Walking on Lanzarote and Fuerteventura - Paddy Dillon 2014-11-26

This guidebook describes 21 walks on Lanzarote, 2 on Isla La Graciosa (off Lanzarote's northern coast) and 22 on Fuerteventura, including 14 walks on the GR131 long distance trail, which traverses all seven of the Canary Islands (including Isla de Lobos at the tip of Fuerteventura). The routes span a wide range of arid, agricultural and natural areas. Walks feature hill and mountain trails, Lanzarote's Timanfaya volcanic national park, coastal walks along Fuerteventura's golden beaches and ancient island villages. Routes are illustrated with the author's own clear, custom-drawn colour maps and inspirational photography. Full contact information is included for public transport and accommodation providers and tourist information offices as well as an extensive topographical glossary and route summary table to help you choose the best walk, or combine a couple of routes, according your requirements. Walking on Lanzarote and Fuerteventura is part of a five-volume series to the whole of the Canary Islands.

Walking on La Palma Paddy Dillon 2019-01-15

Guide to walking on La Palma. In total 45 day walks are described ranging from 7 to 32km in length, and covering a wide variety of terrain. Although La Palma is one of the smaller Canary Islands, there are routes of all types from easy strolls to hands-on scrambling, from simple day walks to long-distance treks on rocky mountain paths, including the GR130, which circumnavigates the island, and the island-hopping GR131. With full route descriptions, including custom-made maps, refreshment options and transport for each walk, accommodation, useful contacts and a Spanish-English glossary. The book also includes lots of background information on geology, wildlife, plants and flowers. The circular GR130 trail takes about a week to complete and can be started and finished at

any point around the island. The GR131 trail is exclusively high level and mountainous, requiring careful planning. The dramatic volcanic landscape of La Palma, reputed to be one of the steepest islands in the world, is little-known outside the Canaries, but offers an ideal winter walking destination for walkers of most abilities, featuring rocky treks and mountain paths.

Walking on Jersey - Paddy Dillon 2021-10-15

Guidebook describing 24 coastal and inland walks on the island of Jersey, ranging from 4.5km (3 miles) to 12.5km (8 miles) in length. Almost all of the walks link directly with one or two other walks, allowing all kinds of extensions to the route. The walks can also be joined together to create the 80km (50 mile) Jersey Coastal Walk, part of the Channel Island Way. The walks use good paths and tracks as well as quiet country roads. Occasional more rugged paths explore the island's excellent cliff coastline. Jersey has an excellent bus network and the walks can be accessed by public transport. There are also plenty of opportunities for refreshment, details of which are provided in the text. Clear step-by-step route description is illustrated with States of Jersey 1:25,000 mapping (very similar in style to British OS mapping), and route statistics and a summary table make it easy to choose the ideal walk. Famous for sunshine, year-round walking, history and a wonderful coastline, Jersey is an intriguing destination for travellers. Outwardly British but with French overtones, the island has plenty of fascinating historical sites and attractions to visit, including castles, churches and museums. The guide includes a brief overview of Jersey's turbulent history and unusual constitutional status, as well as notes on local points of interest.

Walking in Lancashire - Mark Sutcliffe 2021-06-15

Offering 40 day walks in Lancashire, this guidebook explores the often-overlooked regions of Forest of Bowland, Ribble Valley and West Pennine Moors. With walks ranging from low-level valley trails to higher hill routes, this guidebook offers plenty of year-round walking options for active families and committed hikers alike. The walks are accessible from a range of nearby villages, towns and cities including Preston, Blackburn, Burnley, Chorley, Lancaster and Clitheroe. Lancashire showcases some of the most varied walking in the UK, featuring the wide expanse of Morecambe Bay, the Forest of Bowland AONB and limestone fringes of the Yorkshire Dales. These walks travel along green valleys, gritstone moors and untamed hillsides to explore remnants of Lancashire's rich history: The War of the Roses, the Pendle witch trials and the industrial heritage of the West Pennine Moors. Providing detailed route description and clear OS mapping for all 40 walks, this guidebook includes an introduction full of information about the area including accommodation, transport and access. The appendices contain a route summary table to help you plan your days out, while each walk offers notes on wildlife, history, geology and available refreshments.

Walking Ben Lawers, Rannoch and Atholl - Ronald Turnbull 2021-08-15

The south-eastern Grampians of the former county of Perthshire may be grassier and less rugged than other Scottish mountains, but they are just as big. The routes in this guide take you to the summits of these 'jolly green giants' - covering all of the region's Munros, often by unconventional routes, as well as several Corbetts and smaller hills - and also over the Atholl passes, along rivers and through the woods of Perthshire's 'Big Tree Country'. The 80 walks comprise a mixture of low-level, mid-level and mountain routes and are graded by both length and difficulty. Many are demanding, crossing remote, uneven, steep and/or pathless terrain, but also included are gentler walks on clear paths taking in local features of interest. The route description is illustrated with clear mapping (a mixture of OS 1:50,000 and smaller-scale maps for the longer routes) and the route summary table and grading information make it easy to choose an appropriate route. There is a wealth of information about the landscape and the region's fascinating history. Finally, appendices cover local facilities and access to the hills during the deer-stalking season. With highlights including the mighty Ben Lawers, Beinn Dorain, Ben Alder and Beinn a' Ghlo; Schiehallion; the great rivers Tay and Garry; the Birks of Aberfeldy; and old drovers' routes over the passes of Minigaig and Gaick, Perthshire has plenty to offer. And with historic towns, such as Perth and Pitlochry, and attractive villages, this is an ideal base for a walking holiday.

Walking in the Haute Savoie: Souffanette Norton 2017-06-30

A guidebook of walks in the lovely Haute Savoie mountains of France. This guide describes 30 circular routes of between 7 and 20km, based around Annecy, La Clusaz, Grand Bornand, Plateau d'Assy, Samoëns, Sixt, Sallanches, Thônes, la Roche-sur-Foron. Graded from easy to difficult, there are walks to suit most abilities, but a few have some

exposed sections and need a head for heights. The guidebook is divided into 6 areas covering the Arve Valley, the Haut Giffre valley, the Chaîne des Aravis, Plateau de la Borne and Lake Annecy. Alongside a detailed route description and map, each walk has a summary of all you need to know before you set out. There is advice on travel, accommodation and equipment, as well as information about local wildlife and Savoyard food and drink, and a glossary of useful French words. Visitors flock to the Chamonix area and the Mont Blanc range, but that is only part of what the Haute Savoie has to offer. With stunning views of high mountains as well as lower peaks to enjoy, the walks in this guide will show you a quieter, less busy side to this outstandingly beautiful area. A companion volume, *Walking in Haute Savoie: North*, is also available (ISBN: 781852848101)

35 Madeira Walks - David Brawn 2003-08

Walking on Madeira - Paddy Dillon 2018-08-15

This guide describes a varied selection of 57 walks on the Portuguese island of Madeira, exploring the dramatic cliff coastline, scenic levadas (irrigation channels), dense laurisilva 'cloud' forests and high mountain peaks, plus three walks on neighbouring Porto Santo. There are routes to suit all abilities, from easy, level levada walks to steep and rugged mountain paths - some with exposed sections calling for a sure foot and good head for heights. Since the steep terrain of Madeira does not easily support circular walks, many of the routes are linear, however most can be accessed by public transport and there is the option to link routes to create longer outings and multi-day hikes. With a favourable climate and striking scenery, Madeira is a fantastic walking destination. The routes in this guide are spread across the whole island, and visitors may choose to base themselves in the capital, Funchal, or in one of the many smaller towns and villages. Regular flights and ferries link Madeira with Porto Santo, which boasts an exceptional sandy beach and pleasant, easy walking. The guide also outlines a day-cruise to the nearby uninhabited Ilhas Desertas. Comprehensive route description, overview statistics and sketch mapping are provided for each walk. There is practical advice on travel and transport, a basic map of central Funchal and fascinating notes of Madeira's geology, history, plants and wildlife. Useful contacts and a Portuguese-English glossary (including a menu decoder) can be found in the appendices.

Walking in Zermatt and Saas-Fee - Lesley Williams 2021-04-15

Guidebook describing 50 varied walks in the Valais region in the heart of the Swiss Alps. The graded day walks based around the popular resort towns of Zermatt and Saas-Fee explore the Mattertal and Saastal valleys and the surrounding mountains. Ranging from 4 to 18km, the easily accessible routes make use of the area's extensive network of well-made mountain paths and its lift system. There are walks here to suit all tastes, from low-level lake walks or easy strolls up to mountain restaurants, through to serious mountain outings on steep and rocky trails. Distance, walking time and difficulty are shown for each route, and the detailed route description is accompanied by clear mapping. Dominated by 4000m the giants, the Matterhorn and Monte Rosa, this is a land of contrasts, with snow-capped mountains and glaciers above and meadows and vineyards fringing the valleys below. Good transport infrastructure and plentiful accommodation make it a superb area for a walking holiday.

35 Tenerife Walks - David Brawn 2003-03

Walking the Galloway Hills - Ronald Turnbull 2019-07-15

This guide covers 34 day walks and one long-distance route in the wild and remote hills of Galloway. Although there are some shorter and easier routes, many of these hill walks are long and on rugged terrain, so are more suitable for experienced walkers. The walks cover the evocative areas of The Merrick, The Awful Hand, The Rhinns of Kells, the Minnigaff hills and Cairnsmore of Fleet, among others. The guide uses OS 1:50,000 maps with detailed route descriptions and inspirational photos accompanying each route. Key information such as distance, time, and ascent are given. A 'harshness' grade gives an indication of how rough the ground is expected to be, and suggestions of variants, shortcuts and ways to extend each walk are also given. Plenty of background information is given on the region's fascinating and important history. If you like your wild landscape really wild? If you like your lakes to have whooper swans in the middle and no ice-cream vans around the edge? If you like to have one foot on bare rock and the other one deep in a peat bog? If you like your granite with goats on? Then Galloway is the place to go.

Walking on La Palma - Paddy Dillon 2019-01-15

Guide to walking on La Palma. In total 45 day walks are described

ranging from 7 to 32km in length, and covering a wide variety of terrain. Although La Palma is one of the smaller Canary Islands, there are routes of all types from easy strolls to hands-on scrambling, from simple day walks to long-distance treks on rocky mountain paths, including the GR130, which circumnavigates the island, and the island-hopping GR131. With full route descriptions, including custom-made maps, refreshment options and transport for each walk, accommodation, useful contacts and a Spanish-English glossary. The book also includes lots of background information on geology, wildlife, plants and flowers. The circular GR130 trail takes about a week to complete and can be started and finished at any point around the island. The GR131 trail is exclusively high level and mountainous, requiring careful planning. The dramatic volcanic landscape of La Palma, reputed to be one of the steepest islands in the world, is little-known outside the Canaries, but offers an ideal winter walking destination for walkers of most abilities, featuring rocky treks and mountain paths.

Walking on Corsica Gillian Price 2022-02-01

With stunning coastlines and impressive craggy mountains, Corsica is an island with diverse landscapes for day walkers of all abilities to enjoy. Across 25 day walks, this guidebook explores sandy beaches, forested river valleys, and waterfalls, as well as high mountain passes to lookouts and glacial lakes. This guidebook is a brilliant introduction to walking on Corsica, and offers plenty of information on food, plant life, and history. Bases include coastal towns of Bastia, Bonifacio, Porto Vecchio, and Ajaccio, as well as mountain villages of Corte, Evisa and Zonza. Each walk features detailed mapping alongside comprehensive route description. All the walks are graded for difficulty and range from easy-going low-level walks on good tracks or paths, to challenging and exposed high-level routes for experienced walkers. The guidebook also includes lots of practical information including a list of useful contacts, accommodation listing, and a glossary of French/Corsican terms. Whether you choose a coastal stroll to enjoy wildflowers and a swim in the Mediterranean Sea, or a mountain walk with dizzying views across craggy peaks, this guidebook offers something for walkers of all abilities looking to discover the many delights of Corsica.

Walking in the North Wessex Downs Steve Davison 2021-11-15

30 walking routes exploring the North Wessex Downs Area of Outstanding Natural Beauty (AONB). The routes are between 7 and 20km through this peaceful rolling chalk landscape and cover parts of four counties: Berkshire, Hampshire, Wiltshire and Oxfordshire, with walks to reach the highest point in each one.

Walking the Dales Way - Terry Marsh 2021-08-15

A fully waymarked trail from Ilkley to Bowness-on-Windermere, the Dales Way links two of England's most celebrated national parks, the Yorkshire Dales and the Lake District. Well served for accommodation and facilities, and with easy walking on riverside paths, it is one of the gentlest multi-day walks in Britain and therefore an ideal introduction to long-distance walking. It can be comfortably completed in 6-8 days. The guide offers comprehensive notes on local points of interest, as well as an overview of Dales geology, history, plants and wildlife to enhance the walking experience. The practical information is all there too, including when to go, how to get there and what to take, making for an ideal companion to enjoying this delightful route. Presented in six daily stages of 7-19 miles (with suggestions for alternative schedules), this guide describes the Way in both directions, with the main route description running from south to north. Step-by-step route description is accompanied by 1:100,000 mapping, and a trek planner, showing where facilities are available, is included to facilitate planning. Accommodation listings and useful contacts can be found in the appendices. A separate, conveniently sized map booklet located in the back-cover sleeve provides all the OS 1:25,000 mapping needed to complete the trail.

La Gomera - Klaus Wolfsperger 2019-11-26

La Gomera can be considered the wildest of the Canary Islands. From the central highlands of the almost 1500-metre high island, countless, steep-walled gorges wind down to the sea, slicing the otherwise gently sloping island coast like a cake. La Gomera is made for nature-loving walkers, and offers an incredible variety in its countryside: Idyllic valleys with terraced fields and palm groves stand in contrast to precipitous cliffs and spectacular gorges; the magical laurel forests of Garajonay National Park are countered by pine forests and banana plantations. Thus, the hiker can expect a pleasant stroll like no other, between blazing lava beaches, lush, misty primeval forests, ridges shrouded in clouds - and the ever-present, deep-blue Atlantic. This Rother Walking Guide presents the hiker with a wide variety of entertaining tour recommendations encompassing all regions of La Gomera. These walks

range from comfortable paths through palm-studded valleys, to tranquil mountain strolls, to panoramic summit climbs - hiking trails through the dreamy, misty primeval forest are mentioned, as well as the partly paved caminos, which once represented the main connecting roads between villages. Many of the 70 tour recommendations are ideal for less experienced hikers. Yet experienced mountain hikers who are not afraid of power hikes and can handle a shot of adventure and risk will also find a rich selection of routes. This excellently researched guide is enhanced by outstanding colour photos and map excerpts based on the Freytag&Berndt hiking map of Gomera (scale 1:35,000), and is highly recommended to all mountain fans of the island. Walkers also interested in the neighbouring islands should check out the Rother Walking Guides on La Palma, Tenerife and Gran Canaria.

Walking in Torridon, Fisherfield, Fannichs and An Teallach - Chris Townsend 2022-07-15

Guide to 50 walks and easy scrambles in north-western Scotland, covering Southern Torridon, Northern Torridon, Letterewe and Fisherfield, and the Fannichs. Ascents of 27 Munros, 20 Corbetts and 14 Grahams are included, with highlights including Liathach, Beinn Eighe, Beinn Alligin, An Teallach and Slioch. The walks are suitable for those with good navigation skills who are competent in a mountain environment. All the walks in the guide are graded, with summary statistics provided, and each includes clear route description and mapping. There's also a route summary table to help with choosing appropriate walks. Background information on local geology, wildlife and history, and planning details on when to go, where to stay and what to take are included to make the most out of any trip to Torridon. The region boasts spectacular and distinctive landscapes and breathtaking views. Steep-sided rocky mountains rise above long winding lochs, both freshwater and sea. From the hills there are vast panoramas out across the sea to the Hebrides and of mountains stretching out to the north, south and east. This is a land for those who love open spaces, vast horizons, and the domination of nature.

Walking the Cape Wrath Trail - Iain Harper 2022-05-12

This guidebook describes the Cape Wrath Trail, a long-distance trek from Fort William to Cape Wrath crossing the wild northwest of the Scottish Highlands. The route is described from south to north in 14 stages, with 6 alternative stages along the way, allowing for a flexible itinerary of between two and three weeks. A long tough trek with no waymarking, this is for the tried and tested backpacker. The guidebook includes OS mapping, route profiles and detailed route descriptions and gives you all the information you need about accommodation (including hotels, bothies, B&Bs and bunkhouses), campsites and amenities en route, to help you plan and prepare for this epic challenge. The Cape Wrath Trail is regarded as the toughest long-distance route in Britain and offers unparalleled freedom and adventure to the experienced and self-sufficient backpacker prepared to walk for many days in remote

wilderness. Travelling through the wild and rugged landscapes of Morar, Knoydart, Torridon and Assynt, it will test the limits of your endurance. Walking in the Yorkshire Dales: South and West - Dennis Kelsall 2017-04-30

A guidebook to 44 circular walks in the south and west of the Yorkshire Dales National Park, with bases including Sedbergh, Malham, Grassington, Skipton, Settle and Kirkby Lonsdale. The walks cover the valleys of Wharfedale, Littondale, Malhamdale, Ribblesdale and Dentdale - each with its own distinctive landscape and character. Also included is the Yorkshire Three Peaks, a 23 mile (37km) challenge to bag three summits - Pen-y-ghent, Whernside and Ingleborough. The walks range between 3.5 and 13 miles in length and showcase Yorkshire's diverse landscapes, beautiful views and rich heritage. With the exception of the Three Peaks walk, they are designed to suit most abilities: steeper sections are rare and usually short-lived. Detailed route description and 1:50,000 OS mapping are provided for each route, along with information on nearby points of interest and facilities. Highlights include delightful riverside walking in Wharfedale, spectacular views of the distant Howgills and Lake District Fells, and the arresting limestone cliffs of Malham Cove providing a wonderful introduction to this magnificent area.

Great Walks on the England Coast Path - Andrew McCloy 2022-09-15

At around 4500km (2800 miles), the England Coast Path is the longest coastal trail in the world. This inspirational large-format guide presents a handpicked selection of 30 highlight sections, offering a taste of England's stunning and diverse shoreline. Routes range from 9 to 45km, spanning between 3 hours and 2 days, offering options to suit all abilities. They can be accessed by public transport and are walkable year round (weather permitting!). Route descriptions are accompanied by 1:50,000 OS map extracts. Included in each walk are comprehensive listings of public transport, toilets and places to eat and drink, which highlight the excellent walking infrastructure available in many areas. Overview information on terrain, distance and timing facilitates easy planning, a route summary table helps you to choose an appropriate route, and there are also GPX files available for free download. Fascinating snippets of history and geology are interspersed throughout, and the appendices contain useful websites and further reading. Incorporating beautiful photography of England's coastline, the guide will encourage you to explore both well-loved and less well-known parts of the English shoreline, from soaring cliffs to wildlife-rich estuaries, from huge golden beaches to atmospheric marshes. Capturing the rich heritage and glorious contrasts of England's coast, the routes offer something for everyone, whether your passion is for escape or adventure, geology or nature, castles or culture. The sea has defined England's history and the coast is a dynamic and exciting place to walk, so let these 30 routes introduce you to great walking by the sea on England's newest National Trail.